

## Notes to parents:

Keep each page simple—illustrate with stick figures or if you're ambitious, actual pictures of the school/teacher if you can find/toys or yard/mom/child.

We'd normally have parents ask the school beforehand, what the general structure of the school day is so they can walk the child through what happens, giving the child predictability which is very comforting. For example, it may be free play, circle time, outdoor play, art time, inside play, snack or lunchtime, story time and pick up time.

---

*child's name*

and His  
New School

In a couple of days, \_\_\_\_\_  
*child*  
will start his new school.

\_\_\_\_\_ *child* 's new school is  
called \_\_\_\_\_ *school name*  
and his teachers' names are  
\_\_\_\_\_ *teacher* and \_\_\_\_\_ *teacher*.  
\_\_\_\_\_ *child* 's school has lots of  
fun ways to play and learn—  
there's a \_\_\_\_\_,  
a \_\_\_\_\_,  
and a \_\_\_\_\_ *insert learning / play experiences at school*.  
\_\_\_\_\_ *child* 's new school even  
has a potty if \_\_\_\_\_ *child*  
needs to go!

\_\_\_\_\_ will meet lots of  
*child*  
new friends at school. You'll  
also see some friends you  
already know, like \_\_\_\_\_  
*friend*  
and \_\_\_\_\_.  
*friend*

What will \_\_\_\_\_ do  
*child*  
at school? He will get to know  
his teachers, play with friends,  
check out new toys, draw  
pictures and read books. When  
the teacher says it's time, he'll  
even get to play outside on  
the playground.

So on the first day of school,  
\_\_\_\_\_ will give \_\_\_\_\_  
*caregiver* *child*  
his lunchbox with his favorite  
\_\_\_\_\_ and some \_\_\_\_\_  
*lunch food* *lunch food*  
and walk with him inside the  
classroom. Once \_\_\_\_\_  
*child*  
meets his teachers \_\_\_\_\_  
*teacher*  
and \_\_\_\_\_, \_\_\_\_\_  
*teacher* *caregiver*  
will stay for a little while so  
\_\_\_\_\_ can get to  
*child*  
know everyone.

Then, when it's time to leave,  
\_\_\_\_\_ will say goodbye  
*mommy, daddy, caregiver*  
to \_\_\_\_\_ and will say  
*child*  
"See you when it's time to come  
back and pick you up!"  
\_\_\_\_\_ will give  
*caregiver*  
\_\_\_\_\_ a big hug and  
*child*  
a Kissing Hand so he has  
\_\_\_\_\_ 's love with him  
*caregiver*  
the whole day when he is at  
school. And if \_\_\_\_\_  
*child*  
wants, he can give \_\_\_\_\_  
*caregiver*  
a Kissing Hand too, so  
\_\_\_\_\_ has  
*caregiver*  
\_\_\_\_\_ 's love with them  
*child*  
until they come back to pick  
him up at school.

If \_\_\_\_\_ has a question  
*child*  
or has feelings he wants to share  
or just wants someone to talk  
to, he can tell his teachers what  
he needs. They are the grown  
ups who will help him when he  
is at school.

After \_\_\_\_\_ time,  
*end of day activity*  
\_\_\_\_\_ will come back  
*caregiver*  
to school to pick up \_\_\_\_\_  
*child*  
and \_\_\_\_\_ can tell them  
*child*  
all about his day and all the fun  
things he did with his teachers  
and friends. \_\_\_\_\_  
*caregivers*  
always come back to pick up  
children after \_\_\_\_\_  
*end of day activity*  
time.

In the beginning, school can feel a little bit new and different.

It's ok for \_\_\_\_\_  
*child*  
to feel lots of different feelings.

It's OK if he misses \_\_\_\_\_  
*caregiver*  
when he's at school. He can tell

\_\_\_\_\_ all about his  
*caregiver*  
feelings, and \_\_\_\_\_ will  
*caregiver*  
listen.

*Pause and ask child what feelings he may have now as he thinks about starting school.*

And pretty soon, \_\_\_\_\_  
*child*  
will know just what happens at  
school each day. He will make  
new friends, get to know his  
teachers and will have lots of  
fun playing and learning.